

# Application for Participation

## *Associated Schools Project (ASP) for Promoting International Education*

「The mind is fine and the physical is also fine」

-Tackle willingly for a wholesome mind, The *Shimoji* children-

### **Description of the Project**

A maintainable social base is that every person's good life and health are guaranteed, maintained and promoted. This school put the core called the event of the "Toyogawa crossing swim meeting" which has a little more than 30 years of history, and has given high priority to the health guidance centering on improvement of physical strength, the health guidance of centering on healthy teeth or healthy heart and building up physical strength centering on swimming ability. Furthermore, the force that we would like the children to gain through ESD is that we have tackled aiming at heightening attributes and abilities such as the practical attitude which acts actively, the rich susceptibility which receives automatically and spirit respecting for lives and concern about the environment through the connect with the area. There is *Toyogawa*, the 1st class river, near this school. Moreover, the big ginkgo which has watched the children over 130 years or more rises in the playground. We regard this river and the big ginkgo as "a keyword which connects with the areas and children" and we planned activities and supports as "the big ginkgo plan" such as "we inform the definite ways for the health condition of mind and body or the health progress and 'extend'", " 'train' towards set-up goal achievement", "we 'bring up' the healthy mind and body of the children by connecting with other people" and "we 'protect' the base safety which the children can live freely. If these activities and supports are performed cross-sectional and phase, the children will turn their interest to their health condition in the future, have their goal and tackle willingly towards improvements of their subject and we think that they will be able to live with healthy mind and body.

### **Objectives of the Project**

In this school, we realized ESD as fostering the talented students who do their responsible actions and can take part in sustainable society actively in terms of "health promotion of mind and body". Therefore, in this school, we make four plans as "the big ginkgo plan" and we have advanced that children find their healthy subject of their own accord, learn and think themselves and act actively.

#### (1) Spreading activity "making healthy body plans"

We inform that definite ways for health condition and health improvement to students and the family and support that students set their goals.

- Fluorine washout hole to all students, tackling of the school health committee and checking of their health or brushing their teeth after meals.

We develop the learning about food and health, safety of food and production and

consumption of food.

- cultivating activity and food education for the developmental stages.

(2) Training activity “making strongly body plans”

We support their will which students try to train themselves for their goals and making strongly body and mind.

- *Shimoji* children exercise
- "*Toyogawa* cross swimming"
- Challenge marathon
- Long rope skipping challenge

(3) Bring up activity “making brighten smile plans”

We bring up students with brighten smile, communicating with other people actively and accepting themselves and other people through the activity which form a friendship with other people by communicating with them.

- Protecting activity of the big ginkgo and communicating with residents in the area and students in other schools in *Toyogawa*.
- Class activities adopted exercise which students like themselves.
- A full moral education which connect with one another.
- Revitalizing of the big ginkgo activities (from 1<sup>st</sup> grade to 6<sup>th</sup> grade group activity).

(4) Protect activity “making secure and safe school plan”

We have the students raise awareness about safety and develop the watching the students activity with the people in the area.

- An earthquake drill from Tsunami.
- Drill about suspicious people.
- A road safety campaign.
- A road safety promotion project.

## **Execution**

As mentioned above, in this school, we realized ESD as fostering the talented students who do their responsible actions and can take part in sustainable society actively in terms of “health promotion of mind and body”. Therefore, we think that it’s important not only students concern about their health condition and think about task of their health but also students move to action to improve them.

In *Shimoji* school area, which prospers as a key point of traffic and water transport, such as *Tokaido* and *Toyogawa*, and has connect with local community for a long time but importing residents by estate development are increase recently and we need to strive for harmony. The area is anxious because of traffic accidents and crimes because National Route 1 having divided the school area and there are narrowly complicated roads which is not improved but we strive for safety by cooperating of people in the area. In such a condition, it is the wish of the area and family that we bring up the students who can communicate with friends, family and other people such as people in the area, concern their health condition of mind and body, and tackle their health improvement actively.

In each grade, we tackle the activities related to class activities, P.E., the Period for Integrated studies, life environment studies, moral class, health guidance, build up physical strength, the area learning and school events in order to achieve an aim. So, we positioned “the big ginkgo plan” in the ESD calendar and have practiced.

## (1)Ginkgo PLAN

### Making a healthy body PLAN (widen)

- ①Publicity activities in School Health Committee (breakfast, sleep)
- ②Life style supporting in a home
  - ・ Health check ・ Life rhythm calendar
- ③Health instruction, Dietary education, Improvement of cultivation activities
- ④Fluorine mouth wash by the whole school

### Making a bright smile PLAN (grow)

- ①Practice of morality and class activities
- ②Enriching mind activities
  - ・ Activities of ginkgo
  - ・ Ginkgo protection
  - ・ Toyo River exchange and local cultural exchange

### Making a strong body PLAN (train)

- ①Challenge of Toyo River Crossing
  - ・ Swimming instructions
  - ・ Toyo River Crossing Swimming Event
  - ・ Safe leading and Environmental education
- ②Challenge of marathon, Naganawa and exercise

### Safe and secure school-building (protect)

- ①Class of Evacuation Drills and Traffic Safety
- ②Keeping an eye on children
  - ・ School supporting party, town planning committee
  - ・ traffic watchman, children's refuge center

## (2)ESD calendar (ex. 6<sup>th</sup> grade)

Subject	April	May	June	July	August	September	October	November	December	January	February	March
Break	← Iyou Time ・ Ginnan Time ・ Fluorine mouth wash Marathon Challenge Naganawa Challenge →											
P.E.	Exercise Swimming 300 meters trial Prevention of disease Long-distance running Rope skipping → ← Making a body activity											
Morality	「Cleaning up Toyo River」 Love for our home province				「People supporting swimming event」 Gratitude				「Big Ginkgo」 Awe-inspiring			
Class	School-building gratefulness		Health of teeth		Keeping early hours & Breakfast				Express			
Other	Searching local history		Toyo River Crossing Swimming		Cultivation & Hand-made soba Ginkgo				Protection of			
	Highway& Water transport		Trace 30 years, people's wish				About allergy		Making a song			
Event	Athletic meeting		Learning from local resident		Toyo River crossing swimming event		School arts festival		Marathon race		Naganawa event	
	Life check check		Evacuation Drills		School health committee		Party making a flower bloom		Life check		School health committee	

## (3) Making a healthy body PLAN (widen)



3<sup>rd</sup> grade Health instruction 「Searching hand's dirt with checker」



6<sup>th</sup> grade's show in School Health Committee

(4) Making a strong body PLAN (train)



6<sup>th</sup> grade Toyo River Crossing Swimming event

(5) Making a bright smile PLAN (grow)



5<sup>th</sup> grade Region exchange learning 『Arm-held fireworks』



6<sup>th</sup> grade A Ginkgo rebirth work

(6) Safe and secure school-building (protect)



Evacuation Drills



Traffic Safety Parade

**Type of materials to be used**

Handbook of Elementary School Career Education, Ministry of Education, Culture, Sports Science and Technology, 2011

A Navigation Notebook for Finding your Dream and Fulfilling your Dream, by the Aichi Prefecture Board of Education, 2012

Shining Toyohashi, published April 1, 2013, by Toyohashi city Board of Education, edited by the Toyohashi Municipal Elementary School Social studies Department Side Reader Training Committee

Development of the School District Shimoji, published December 25, 2006, by the Toyohashi Municipal Representative Members Meeting, edited by the Shimoji School District History Community

Chronicle of local history Shimoji, published February 1986, by Shimoji Elementary School, edited by the Toyohashi Municipal Elementary School Chronicle of local history Edit Community

Chemical Kit twin pH for water quality testing, by HORIBA factory

Washing hands Checker LED Set, by NITTO KAGAKU CO.,LTD

### **Is there any type of evaluation to examine the effects of the project on students' comprehension and attitudes?**

We evaluate children's attitude and understand as follows.

- We understand the result of various activities from their reports, impressions, and announcement.
- We observation of their will and attitude by the announcement in events, parents' day, and exhibitions, and we evaluate them.

We try to realize substantial activities of ESD by doing more things in the below, in addition above-stated.

- We put together research 'questionnaire about educational activities' which are enforcement after events and the end of the year, PTA committee, councilors of the school and more, and we put together voices of the parents and people's of our town.
- We reconsider ESD calendar in order to realize make good curriculum based on children's situation and the area's feature. In addition, we try to improvement concrete activity's contents in order to bring up Simojikko (Students of Shimoji elementary school) who can make health minds and bodies.

*On behalf of my institution, I apply for participation in the UNESCO Associated Schools Project and give the assurance that this institution will make an active contribution to the Project, as outlined above, for a minimum period of two years. At the end of every year, I shall submit a report of the Project to the ASP National Co-ordinator of my country.*

21/Feb./2014

**Date**

Principal,  
Shimoji Elementary School

**Principal's name**

**Position,**

**Institution's name**





# Overview of the school

## 1. School name

Shimoji Elementary School

## 【School Emblem】



## 2. Location, etc.

68 aza-Miyamae, Shimoji-cho, Toyohashi-shi, Aichi 440-0885

Tel : (0532)54-2233 Fax : (0532)57-1966

<http://www.shimoji-e.toyohashi.ed.jp>

E-mail:shimoji-e@toyohashi.ed.jp

【Access】 Get off JR Toyohashi station and come out from the east gate.

It takes about 25 minutes on foot.

## 3. School size

Number of classes: a total of 14 classes including 12 regular classes,  
and 2 special needs classes

Number of staff members: a total of 26 including one principal, one vice principal,  
17 teachers, one school nurse, 2 part-time teachers,  
one secretary, one school janitor and 2 food service staffs

Number of children: a total of 331 children including 176 boys and 155 girls

## 4. Education of this school

### (1) The history of *Shimoji*

Shimoji has prospered before Kamakura period as a key point of traffic and water transport, such as *Tokaido* and *Toyogawa*. There are all-night rights, *Ichiriduka* and *Bashoduka* and old rows of houses along The Old *Tokaido* which we can know prosperity of ancient times. Moreover, dedication of fireworks prospered at the Edo period and the skills are taken over “*Shimojisekishinsya*” where young people had inaugurated the association. There is the more than 130 old big ginkgo which



The milestonea milepost  
along with the old Tokaido (Shimoji-4)

struggled through World War II in the school ground and it was chosen a big and old tree of historical interest top hundred in *Toyohashi*. A synthesizer player, Kitarou and the master artist, Matsui Morio who succeed all over the world appeared one after another through the history and cultural climate.



old big ginkgo  
in Shimoji elementary school's playground

In recent years, living environments are changing greatly because National Route 1 divided the school area and advance of companies and housing land development but we connect with the area and practice various activities which relate to the habitable town because we have a wish that we would like to take over the good things such as events, tradition and the community in *Shimoji* to next generation.

(2) Educational goals of this school

「Children who think hard, Children who get along well with their friends, Children who build up their body」 ~We cultivate bases of children's wisdom, virtue and body, and then develop their zest of living. ~

(3) Ideal images of children

- Children who study willingly, Children who think deeply, Children who speak their own idea.
- Children who have consideration for other people, Children who are kind, Children who cooperate voluntarily.
- Children who are bright and vigorous, Children who exercise readily, Children who keep going to the end.

(4) Management policies

- We value the harmony between our teachers and other staff of our school, and strive to build a cheerful and lively school.
- We seek fixing of the basic knowledge that students are expected to possess, and make an effort to raise children who study willingly.
- We enhance our teacher's skill and labor for fullness of class management. At the same time, we put our efforts into rearing children who have rich mind and value life.
- We boost cooperation with homes and a region, and then try to build an open school.

(5) Priority goals for the current year

Academic guidance

- ① We seek certain fixing of the fundamental and basic learning.
- ② We intend to bring up children who acquire skills of converse with someone, connecting with someone and changing themselves in all situations.
- ③ We emphasize an ethics class and labor for developing children's communication skill.

Non-curricular guidance

- ① We instruct children a basic way of living such as a greeting, reply and way of talking, and raise them who have right judgment.
- ② We set a high value on contacting with children, and make an effort to manage a friendly class free from bullying.
- ③ We rear children who can consider other people, help and encourage each other through a ginkgo nut activity, class activity and so on.

Health and safety guidance

- ① We bring up children who have an aim and build up their body through main activities such as swimming (swimming across the Toyo River), the long distance challenging run and jumping rope.
- ② We raise children who can value life and act with their consciousness concerning their health and safety.
- ③ We put our efforts into building up children's healthier mind and body as a school promoting health.
- ④ We strive for a crisis management so that children can take an action in case of emergency such as a trespass by a suspicious person, a fire and an earthquake.

Cooperation with homes and a region

- ① We maintain close exchange of information with homes and a local community, and labor for improving the power of regional education. Beside, we rear children by being one with a region.
- ② We positively dispatch information from our school in order to gain regional understanding and cooperation.
- ③ We enrich evaluation of our school and reflect the result in our educational activity.